

SWIMMING POOL WEEKLY SCHEDULE

Note: Pool Cleaning every Monday, 8.00am to 11.30am

Tanglin Club Swim Training and Classes

DAY	TIME	LANE	CLASS
Monday	1530 - 1830 1630 - 1730 1730 - 1900 1900 - 2000	0 - 1 2 - 5 2 - 5 1 - 4	Learn to Swim Development Squad Competition Squad Adults Training
Tuesday			
Wednesday	1530 - 1830 1630 - 1730 1730 - 1900 1900 - 2000	0-1 2-5 2-5 1-4	Learn to Swim Development Squad Competition Squad Adults Training
Thursday	1530 – 1830	0 – 2	Learn to Swim
Friday	1530 - 1830 1630 - 1730 1730 - 1900	0 - 1 2 - 5 2 - 5	Learn to Swim Development Squad Competition Squad
Saturday	0750 - 0900 0900 - 1130	1-4 0-5&8-9	Adults Training Learn to Swim
Sunday			

Tanglin Club Aqua Fit – Deep Water Run Classes

DAY	TIME	LANE
Tuesday	0830 – 0930	6 – 8
Wednesday	0800 – 0900	6 – 8
Thursday	0830 – 0930	6 – 8
Friday	0830 – 0930	6 – 8